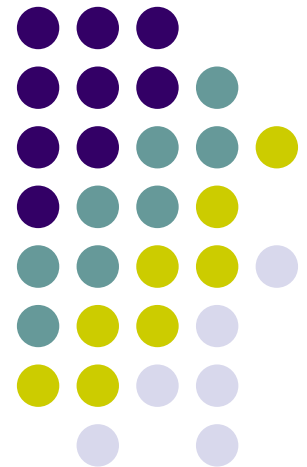


A Recovery Based Medicaid Mental Health Benefit

**Presented by the Medicaid
Committee of:
Florida Council for Community
Mental Health
www.fccmh.org
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The Benefit Issue

- ◆ **The Florida Medicaid mental health benefit - a medical model of care**
- ◆ **Limited use and delineation of the CMS-recognized psychosocial rehabilitation service**
- ◆ **Limited funding of consumer supports – supported housing, supported employment, supported education and other community living supports**
- ◆ **Limited funding of consumer recovery-based services (clubhouse, drop in centers, peer supports)**
- ◆ **Lack of direction to HMOs/MCOs in requiring and promoting rehabilitative/recovery based services**
- ◆ **Lack of disease management/health management approach to care for those with psychiatric disabilities**



The Medicaid Rehab Option

- ◆ **Defined as “any medical or remedial services (provided in a facility, home or other settings) recommended by a physician or other licensed practitioner of the healing arts, within the scope of their practice under state law, for the maximum reduction of physical or mental disability and restoration of the individual to the best possible functional level.”**
- ◆ **Restoration to best functional level includes restoration of daily living skills, restoration of social and personal skills, residential supports for community living, illness management and pre-vocational and pre-educational services.**

A Medicaid Recovery-Based Service Menu

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|---|--|
| <ul style="list-style-type: none">◆ Crisis Intervention Services◆ Family Therapy/Intensive Family Based Services◆ Assertive Community Treatment◆ Illness (Disease) Management/Health Management◆ Clubhouse Services◆ Respite Care/Caregiver Services◆ Residential Services◆ Home-Based Services◆ Intensive Crisis Stabilization Services◆ Personal Care Services◆ Recovery/Health Coaching◆ Community Living Supports◆ Family Support and Training/Stabilization/Reunification/Preservation Services◆ Supported Housing/Housing Assistance◆ Supported Employment/Vocational Services◆ Supported Education/Educational Services | <ul style="list-style-type: none">◆ Peer Specialist/Support Services◆ Drop In Center Services◆ Skill Training/Development◆ Support and Service Coordination◆ Wraparound Services for Children and Adolescents◆ Transitional Services◆ Crisis Intervention Services◆ Psychosocial Rehabilitative Services◆ Transportation◆ Child Development Services◆ Psychiatric Emergency Services◆ School-Based Services◆ Day Treatment◆ Mobile Outreach/Assessment◆ Mobile Crisis/Response/Intervention Services◆ Recovery Services◆ Health Promotion◆ Activity Therapy |
|---|--|

In addition to traditional services, some services could be bundled



The Recovery Difference

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| <ul style="list-style-type: none">◆ Blends Medical and Social Models of Care◆ Provides Recovery-Based Planning and Treatment◆ Offers a Broad Service Menu Customized to Meet Individual Needs◆ Promotes Cost-Effective Care◆ Provides for a Value Driven Benefit Package◆ Promotes Product/Service Innovation◆ Promotes Clinical Excellence | <ul style="list-style-type: none">◆ Ensures Consumer-Friendly and Consumer-Centered Care◆ Establishes a Health/Recovery Coaching Approach to Care◆ Promotes Community Inclusion◆ Establishes an Outcome Driven Approach to Care◆ Promotes the Use of Evidenced Based Practices |
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Redefining Medical Necessity as Medical/Psychosocial Necessity



- ◆ **“Medical Necessity” not defined in Title XIX or Medicaid regulations.**
- ◆ **States have the discretion to define it at the state level and the definition varies from state to state.**
- ◆ **Other states have defined “medical necessity” to include psychological aspects of a multi-dimensional disorder.**
- ◆ **Medical necessity is a payment concept that should be linked to quality of care and the objectives of recovery and resiliency.**

Redefining Medical Necessity as Medical/Psychosocial Necessity

Proposed Medical/Psychosocial Necessity Criteria

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| <ul style="list-style-type: none">◆ Cost Effective◆ Rehabilitative◆ Improves Health and Treatment Outcomes◆ Improves/Maintains Functional Status◆ Improves/Maintains Psychiatric Functioning◆ Improves/Maintains ADLs◆ Improves/Maintains Cognitive Skills◆ Promotes Control/Management of Symptoms◆ Starting/Continuing Treatment More Effective Than Not◆ Aids Disability Management | <ul style="list-style-type: none">◆ Generally Accepted as Effective for the Problem◆ Prevents Deterioration, Relapse or Hospitalization◆ Stability Cannot be Maintained Without Intervention◆ Prevents Prolonged, Increased or New Morbidity, Impairment or Function◆ Best Choice for Care After Considering Reasonable Alternatives◆ Restores Daily Living Skills and Social and Personal Skills◆ Promotes Community Living |
|---|---|

A Comparison of Adult MH Models

Traditional Medical Model	Recovery Based Model
Disabilities Define Treatment	Abilities Define Services
Low Expectations	High Expectations
Institutional Settings	Natural Settings
Focus on Intra-Psychic Functioning	Focus on Functional Behavior
Help to Minimize Stress	Help to Take Risks
Medicate for Symptom Reduction	Medicate for Maximum Functionality
Practitioner Makes Decisions/Prescribes Treatment	Member and Staff Collaborate to Identify Strengths and Develop Actions
Dependence and Caretaker Approach	Self-Help, Interdependence, Support Systems Approach
Expert to Patient	Adult to Adult
Illness/Symptom Focus	Wellness/Health Focus
Source: The Villages, Integrated Service Agency	

The Goals of a Recovery-Oriented Model



Severe

Low

Symptoms

Functioning



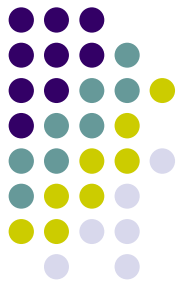
Remission

High

The Recovery Difference



- | | |
|--|--|
| <ul style="list-style-type: none">◆ Consumer Preference/Choice◆ Consumer Friendly-
Consumer Centered◆ Effective Blending of Medical
and Social Models of Care◆ Better Treatment Outcomes◆ Better Societal Outcomes◆ Reduced Physical Health
Spending◆ Produce/Service Innovation◆ Evidence Based Practice◆ Value Driven | <ul style="list-style-type: none">◆ Broad/Flexible Service Menu◆ Customized
Service/Treatment Planning◆ Improved Alignment of
Systems of Care◆ Clinical Excellence◆ Improved Care Coordination
and Collaboration◆ Specialized Recovery-
Oriented Care Teams◆ Improved Consumer Self-
Management◆ Consumer Outreach and
Advocacy |
|--|--|



Next Steps

- **Orient and Train Medicaid MCOs in Recovery- and Resiliency Based Programs**
- **Design Medicaid Recovery-Based Benefit Package**
- **Revise Medicaid Handbooks and MCO Contracts**
- **Amend Medicaid State Plan/Waivers as Necessary**
- **Select and Establish MCO Recovery-Based Performance/Outcome Standards**
- **Monitor MCO Recovery-Based Programs and Provide Technical Assistance to MCOs**